**14 – 15 years of age**

**Education/Employment**

[ ] IEP should express a specific Transition Plan

[ ] Sign up for Volunteer Experience

[ ] Start exploring post-education working interests

[ ] Start to understand your disability and need for accommodations

**Financial**

 [ ] Set up independent bank account

[ ] Start researching about special needs trusts / ABLE act

**Legal**

[ ] Parents should have a Will

**Community**

[ ] Become involved in outside of school activities (church, community group, ect.)

**16-17 years of age**

**Education/Employment**

[ ] Make sure your IEP Transition Plan is in line with your goals of post-secondary employment/ education

[ ] Invite community resource to your IEP meeting (OVR ect…)

[ ] Start exploring different work experiences (volunteer or paid)

[ ] Develop a Resume

**Financial**

[ ] Obtain State ID

[ ] Start applying for SSI (if needed)

[ ] Consider Special Needs Trust or ABLE Act

[ ] Research about medical insurance coverage as approach adulthood

**Legal**

[ ] Start researching Power of Attorney versus Guardianship

[ ] Consider Living Will

**Community**

[ ] Consider housing plans after graduation

[ ] Get involved in activities outside of school (church, community, volunteer)

[ ] Practice independence in self-care at home (making meals, wash clothes, budge money, ect..)

**18-21 years of age**

**Education/ Employment**

[ ] During IEP meeting ask for assistance with job placement, training and accommodations

[ ] Make sure you have IQ testing prior to complete high school to document disability

[ ] Keep resume updated

[ ] Apply for jobs

**Financial**

[ ] Consider SSI as supplement to employment

[ ] Ask Insurance provider about requirements for transition in adult healthcare coverage

[ ] Should be managing own bank account independently or with assistance

[ ] Consider Special Needs Trust or ABLE Act

**Legal**

[ ] Should have Power of Attorney or Guardianship in process or established

[ ] Apply to vote and men should register with selective services

**Community**

[ ] Disability = Diversity

[ ] Dependence 🡪 Independence 🡪 Interdependence

[ ] Housing plan should be in place

[ ] Establish community outside of school structure

[ ] Should be working on or proficient in self-care skills at home (making meals, wash clothes, budge money, ect..)