

Self-Determination:

*Vision, Support, &
Choices*

Linda Chan Rapp
& Eden Rapp



What is your vision for your son or daughter?



What is your
daughter's –
or son's –
personal
vision?



In general,

What is self-determination?

Becoming a
student of
your son or
daughter...



What is self-determination?

Giving our
sons and
daughters
freedom to
choose...



As a program or
service model...

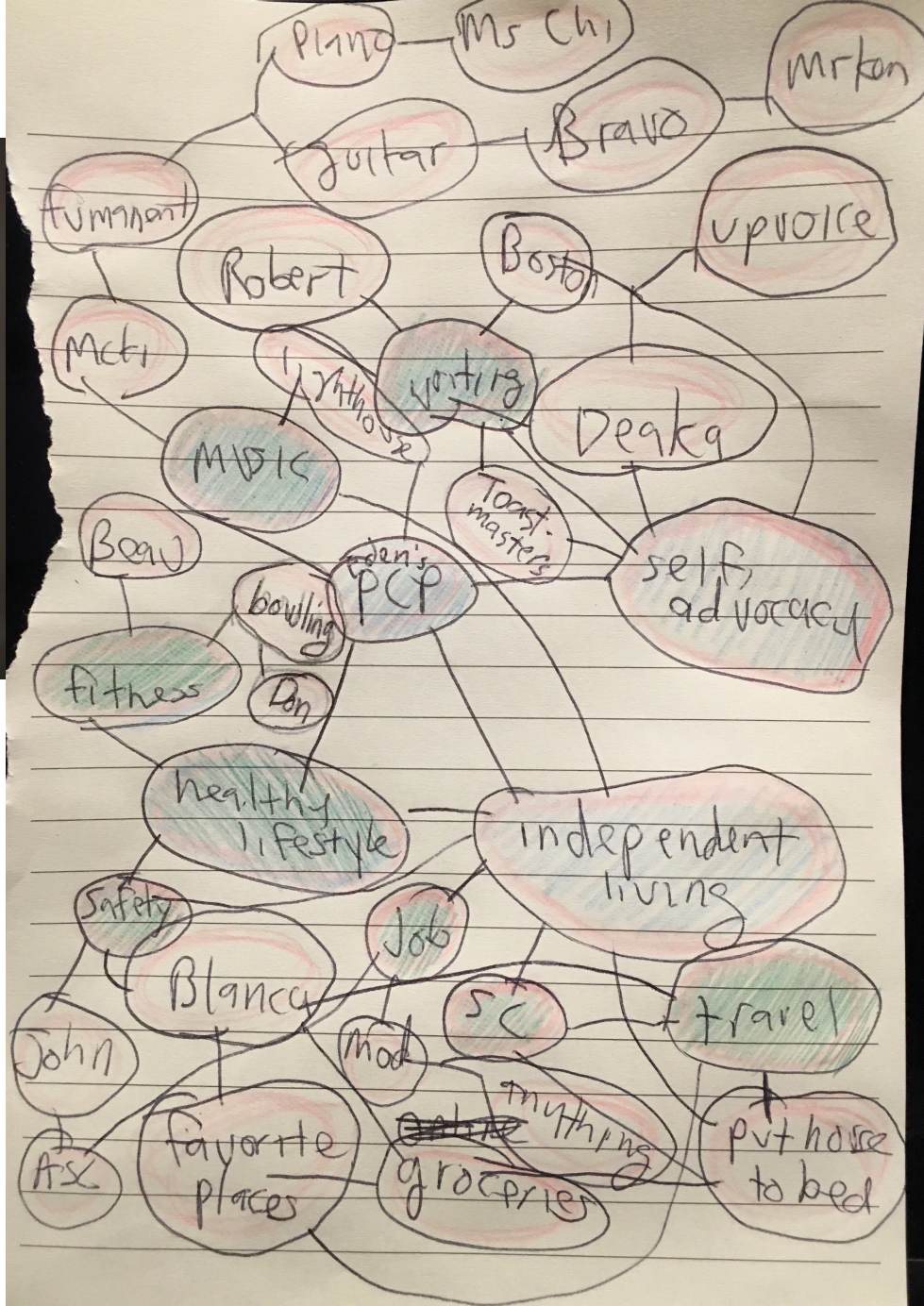
What is self-determination?





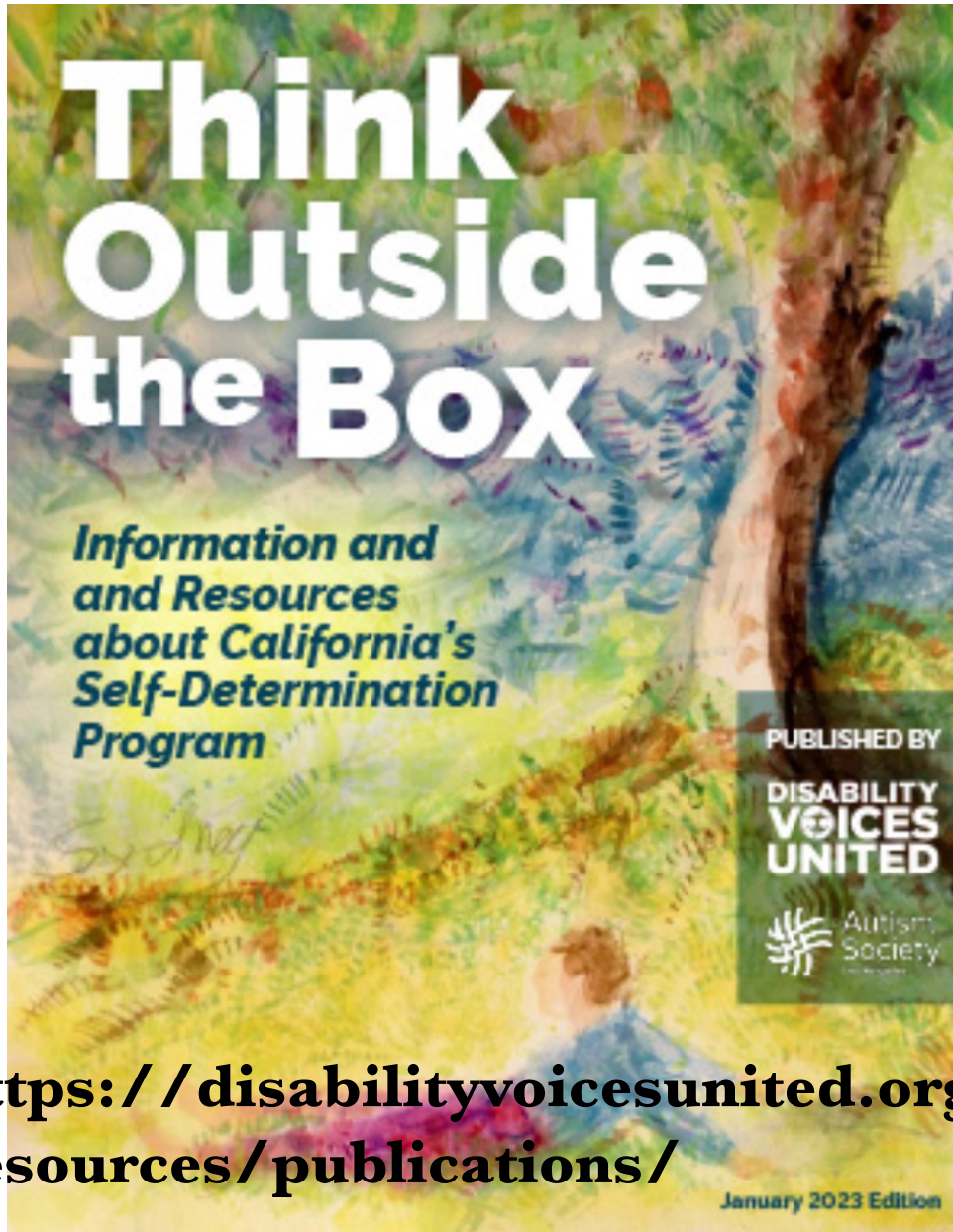
Freedom
Authority
Responsibility
Support
Confirmation

a self-directed service model that gives more control and flexibility to the individual participant (family)



A thorough person-centered plan is foundational to a meaningful self-determination program.





<https://disabilityvoicesunited.org/resources/publications/>

From Vision to Goal + Action Plan

_____ 's One Page Profile

What people like and admire about me

What is important to me

How to support me

Certifying the Budget & Drafting the Spending Plan



With Eden's case coordinator at Regional Center

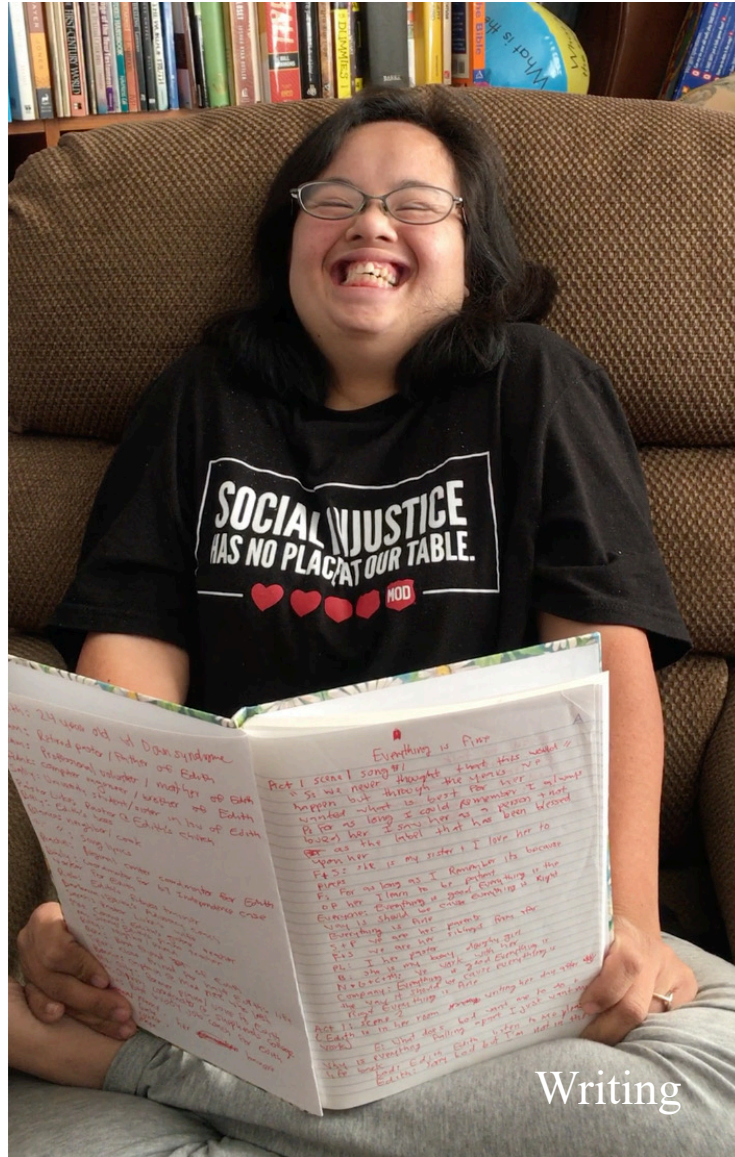


With Eden's Financial Management service staff

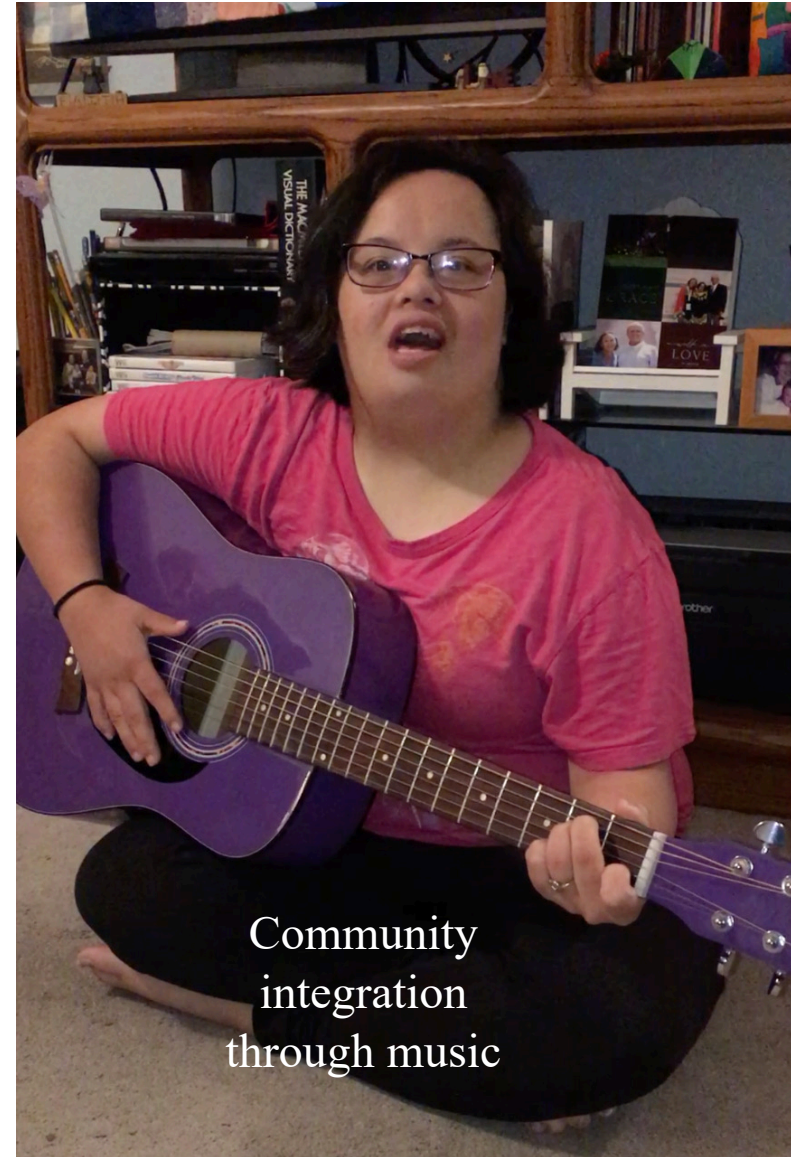
Building Toward Your Goals



Healthy lifestyle



Writing



Community integration through music



Independent living: cooking

Building a Support Network



Choosing people she knows and trusts as providers nurtures an ongoing relationship \pm payments

“Music is my passion.”



A young woman with glasses and a silver sequined dress is speaking into a microphone. She is surrounded by other young women, some of whom are clapping. The background is slightly blurred, suggesting an indoor event.

I have a
voice and
deserve
respect like
everyone
else.

EDEN RAPP
CALIFORNIA MISS AMAZING
JR. MISS

NATIONAL
MISS *Amazing*

AUGUST 3-6, 2018
CHICAGO, IL



Take-aways

♥ Self-determination opens doors to active, appropriate participation in the community while strengthening supportive networks and creating a more fulfilling life.

♥ Affirm our sons and daughters by empowering their discovery of their gifts, so they can grow toward their goals.

♥ Listen with your eyes and heart as well as your ears.




Self-determination has change my life.



You bring amazing gifts,
ideas , dreams and goals
to the table.

Self-determination has change my life.

A woman with dark hair pulled back, wearing glasses and a pink ruffled shirt, is speaking. The background is a plain, light-colored wall.

You bring amazing gifts,
ideas , dreams and goals
to the table.

Follow through
on your vision!

Self-determination has change my life.